

RESOLUTION NO. 200157

Declaring February 24-March 1, 2020, as Eating Disorder Awareness Week throughout the City of Kansas City, Missouri.

WHEREAS, building off of last year's theme for Eating Disorder Awareness Week, "Come as You Are," the 2020 theme for the National Eating Disorder Awareness Week is "Come as You Are: Hindsight is 20/20"; and

WHEREAS, this year's theme reflects on positive steps that those in the disordered eating community have taken, including steps resulting from setbacks and challenges, that have resulting in accepting themselves and others; and

WHEREAS, eating disorders are serious but treatable mental and physical illnesses that affect people of all genders, ages, races, ethnicities, sexual orientations, body shapes and weights; and

WHEREAS, eating disorders will affect 30 million Americans at some point in their lives; and

WHEREAS, while there is no known cause for eating disorders, a growing consensus suggests that its cause is a range of biological, psychological and sociocultural factors; and

WHEREAS, eating disorders are serious, potentially life-threatening conditions that affect a person's emotional and physical health and the chances for recovery increases the earlier an eating disorder is detected; and

WHEREAS, eating disorder diagnosis is a health crisis that disrupts personal and family functioning; NOW, THEREFORE,

BE IT RESOLVED BY THE COUNCIL OF KANSAS CITY:

That the Mayor and Council hereby declare February 24 – March 1, 2020, as Eating Disorder Awareness Week throughout the City of Kansas City, Missouri; and

BE IT FURTHER RESOLVED that this Resolution be spread upon the Minutes of the Council in testimony thereof and that a copy hereof be presented to Alice Randolph Kroh in recognition of all the families that struggle with this illness and to encourage others to share their stories so that others may have the courage to come forward, with the Mayor and Council encouraging all citizens to increase awareness, education, and services for eating disorders which impact millions of people each year.

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